

MARCH 2019

# SHIP & SHORE

NORFOLK YACHT AND COUNTRY CLUB



## UPCOMING EVENTS

Happy Hour with the GM  
Friday, March 1

Senior Recognition Lunch  
Sunday, March 10

St. Patrick's Day Brunch  
Sunday, March 17

Membership Mixer  
Friday, March 22

Royal Tea Party  
Saturday, March 23

Sock Burning  
Saturday, March 23

Youth Activities Fair  
Wednesday, March 27

FEP Member Meeting  
Thursday, April 11

Family Easter Party  
Saturday, April 13

7001 HAMPTON BOULEVARD | NORFOLK, VIRGINIA 23505 | 757.423.4500

## BOARD OF GOVERNORS

James Forrester, President  
Patrick Baker, Vice President  
Marianne Scott, Secretary  
Richard Keatley, Treasurer  
Ben Schill, Commodore  
Gary Boswick, Governor, 2020  
David Chase, 2022  
Tim Lockhart, 2022  
John Murray, Governor, 2021  
Sarah Weinberg, Governor, 2021  
Doug Wilson, Governor, 2020

## COMMITTEE CHAIRS

John Stine, Entertainment  
Doug Wilson, Health & Fitness  
PJ Trudell, Junior Sailing  
Rob Brown, Membership  
Gary Boswick, Tennis  
Ben Schill, Yachting

## NYCC STAFF

Club Phone: (757) 423-4500

Ken Underwood, General Manager  
kunderwood@norfolkyacht.com; ext. 105

Michele Hessel, Catering Director  
mhessel@norfolkyacht.com; ext. 135

Marty Riddle, Executive Chef  
mriddle@norfolkyacht.com

Suzanne Lyons, Controllor  
slyons@norfolkyacht.com; ext. 103

Betsy Glover, Membership Director  
bglover@norfolkyacht.com; ext. 183

Leigh Knowles, Communications Coordinator  
lknowles@norfolkyacht.com; ext. 102

Cheryl Lehmkuhl, Director of Fitness  
clehmkuhl@norfolkyacht.com

Joe Durham, Clubhouse Manager  
jdurham@norfolkyacht.com

Everett Ferguson, Food & Beverage Director  
eferguson@norfolkyacht.com

Jason Mueller, Director of Tennis  
jmueller@norfolkyacht.com

Arielle Darrow, Waterfront Director  
waterfrontdirector@norfolkyacht.com

Mike Nash, Harbormaster  
harbormaster@norfolkyacht.com

Please send story ideas and photos to:  
Leigh Knowles at [lknowles@norfolkyacht.com](mailto:lknowles@norfolkyacht.com)



## FROM THE PRESIDENT

Over the next two months you will continue to see the most evident sign of progress of our Facilities Enhancement Plan (FEP), the work being done to renovate the tennis complex. We have hired the top designer of tennis facilities in Virginia to do this work, and we are confident that it will be a first rate final product. Renovations have also begun on the outdoor pool bathrooms and construction of family changing rooms.

While this work is underway, we are beginning to look at our next major project, the Clubhouse. I believe that this project will generate more excitement from the general membership than anything because, while some are attracted to fitness, some to tennis, some to the waterfront, almost everyone appreciates socializing and dining overlooking the River.

The Executive Committee and the Finance Committee met with five banks last month in response to our request to obtain a mortgage

to fund the FEP. Each of the lenders made great presentations and were very interested in doing business with NYCC. After an extensive comparison of the offers I am happy to report the financing was secured with favorable terms.

Ken Underwood has recently sent out the Request for Proposal (RFP) for the main clubhouse updates. The RFP process is a bidding solicitation which will objectify our approach to making selections and result in the best product.

I will close with two observations. 1) The Fitness Center is breaking all records for attendance and 2) The Friday Happy Hour appears to be a destination. These are two great antidotes to winter. I hope to see you at the Club soon.

Jim Forrester  
NYCC President



## FROM THE GENERAL MANAGER

I just returned from the World Conference on Club Management in Nashville...so look out, I am full of knowledge and ideas! One of the hot topics this year was how to manage a workforce that is undergoing a seismic shift: soon Millennials - the people born between 1977 and 1997 - will account for nearly half the employees in the world. According to experts, the Millennials in the workforce are used to overachieving academically and to making strong personal commitments to community service. They want to be engaged, crave communication, and in general, want to be in the know. Plus, Millennials are now joining private clubs, and will continue to be the #1 prospective club member for the next 20 years.

The one thing about Millennials, also known as Gen Y, that most people don't know is they are the only generation in the current workforce that does not expect to work for one company their entire lives. This might be a real challenge for NYCC as we have enjoyed outstanding longevity by our staff. Well over half of our team has been at NYCC at least 10 years, including 6 over 20 years, 7 over 30 years and 1 in his 40th year. We will continue to do all we can to keep our team together, but it will be likely harder and harder to sustain our past success as more Millennials become team members.

One study noted that a third of Millennials prioritize having access to social media and

their smart phone at work over their pay. I was shocked to learn the importance of their being connected all the time. But it makes sense as we often have to remind staff to put away their smart phones at the club.

Beyond learning about the characteristics of Millennials and all other generations currently in the workforce and marketplace, this 92nd annual conference offered over 70 education sessions. Topics included current trends in wine, food and beverage, building maintenance, capital project management, yachting trends, sailing and youth programming, working with volunteer boards and committees, team building, and several classes on honing leadership skills, just to name a few.

This 5-day conference also included an industry trade show on the latest gadgets, equipment, furnishings, marketing tools and computer systems. I previewed some of the most remarkable software products available to clubs, most developed to enhance communications with members and staff. I will let you know more as we further explore how such technologies could enhance the member experience at NYCC.

See you around the club!

Ken Underwood, CCM  
General Manager



# CLUB EVENTS

For dining reservations and event registration, call the club at 757.423.4500 or Email [reservations@norfolkyacht.com](mailto:reservations@norfolkyacht.com). Visit NYCC's website for details.



**Sunday, March 17th | 11 a.m. - 2 p.m.**

Join us for an Irish brunch in honor of St. Patrick's Day! Reservations are recommended. Cost is \$21.95++ for adults and \$9.95++ for children ages 4-12. Ages 3 & under eat for free. Don't forget to wear green!

In the spirit of St. Patrick's Day, we'll be serving two featured cocktails: the 'Nutty Irishman' (Baileys Irish Cream and Frangelico hazelnut liquor over ice) and an Irish brunch cocktail (Irish Whiskey, butterscotch schnapps, and orange juice). The perfect way to top off your Irish brunch!



## MEMBERSHIP MIXER

**Friday, March 22nd | 6-8 p.m.**

Join us for an adult membership mixer and prospective member reception during Fireside Friday happy hour. Invite your candidate for membership for an evening of camaraderie, cocktails, hors d'oeuvres, and the chance to learn more about the club and our exciting facility enhancements.

Please register yourself and your guest for this event. Additional information regarding your guest will be required upon registration.

Individual meetings and tours for you and your prospective member may be scheduled with our Membership Director, Betsy Glover.



**Saturday, March 23rd | 11 a.m. - 1 p.m.**

Princes and Princesses of all ages are invited to a Royal Tea Party! Dress in your finest outfits and join us for story time and sing-a-longs in the Lafayette Room with the Little Mermaid, Rapunzel, and an Arabian Princess.

Followed by a royal lunch in the Main Dining Room, featuring pastries, fresh fruit, finger sandwiches, tea, lemonade and more. We'll also have Mimosas, Bloody Mary's and wine at a member-charge bar.

Cost is \$15++ for adults and \$8++ for kids (ages 3 and under are free). Registration is required. Space is limited.



## Annual SOCK BURNING

Hosted by the Yachting Committee

**Saturday, March 23rd | 5:30 p.m.**

It's time to say "goodbye" to Winter and "hello" to Spring! Join us for this tradition to celebrate the start of boating season! Bring your old socks to toss in the fire and a new pair of children's socks to donate to ForKids, Inc.

All members are welcome to join in these festivities taking place on the lawn behind the clubhouse. We'll have beer, wine, hot soup, cornhole, bonfire, and live music by acoustic guitarist Steve Daily.



## YOUTH ACTIVITIES FAIR

**Wednesday, March 27th | 6-8 p.m.**

NYCC has lots of athletic and social activities planned for kids this summer, plus family friendly events all year long! Come learn about these exciting opportunities at our Youth Activities Fair. Our staff will be there to answer your questions and help you decide which programs are right for your kids.

The fair will take place during Pasta & Pizza Night in the Deck. Kids eat free! Reservations are encouraged. Please visit [www.NorfolkYacht.com/Kids](http://www.NorfolkYacht.com/Kids) for more info.



**Saturday, April 13th | 10 a.m. - 12 p.m.**

We're celebrating Easter early this year! Save the date for the biggest family event of the spring. Featuring crafts, Easter egg hunts, light hors d'oeuvres, and photos with the Easter Bunny! This event is free to attend. Please RSVP to the Club.

Easter Egg Hunt Schedule:

Ages 6-10: back lawn at 10:20 a.m.

Ages 2 and under: front circle lawn at 10:40

Ages 3-5: back lawn at 11:00

Somewhere in this newsletter is a hidden membership number. If you find *your* number, call the club at 423-4500 to receive a complimentary dinner for two!

*Pasta*  
AND  
*Pizza*  
NIGHT

KIDS EAT  
**FREE**  
EVERY  
WEDNESDAY!

*Featuring*  
PASTA & PIZZA BAR  
SOUP & SALAD BAR  
BREADSTICKS & DESSERT  
Adult Price \$18.96++  
*Half Priced Wine!*

## FACILITIES ENHANCEMENT PLAN - UPDATE

Financing has been secured and it's full speed ahead for the Facilities Enhancement Program. Here's a brief look at what is going on:

Construction at the tennis facility is underway; phase I of three phases. All courts are closed and being resurfaced. The work should be finished by April 15 (weather permitting) and open for play by May 1.

Phase 2 will follow immediately with new sidewalks and landscaping, including all new trees planted strategically to provide natural screening and optimal shade. The landscape plans will be published in March.

Renovation of the outdoor pool bathrooms and construction of family changing rooms is underway and should be completed by the opening of the outdoor pool on Memorial Day weekend. Plans also call for improvements to the snack bar and outdoor bar.

The final phase of FEP will be updating the Main Clubhouse.

## NEW RACQUET SPORTS COMING SOON

Pickleball and paddle tennis courts will be ready by summer. Both racquet sports are gaining popularity around the country, played by all ages. Paddle tennis, originally popularized as a winter sport in the North, has been played for more than 90 years. The court is about 1/3 the size of a traditional tennis court, surrounded by a 12-foot high "chicken wire" fence allowing players to hit off the "walls." A paddle and spongy ball are used. If you're from the North, you might recognize this as "platform" tennis, in which the court is elevated. NYCC's courts will not be raised, but otherwise it's the same game.



### PADDLE TENNIS



Pickleball, a combination of tennis, table tennis and badminton, was developed in 1965 in Washington State. Singles and doubles are played on a 20 x 44 court with a wooden paddle and ball similar to a Wiffle Ball. If you've never played paddle tennis, pickleball or regular tennis, soon you'll have a chance to try these sports at the brand new complex. Lessons will be taught to beginners and those looking to improve their game.

### PICKLEBALL



## HOUSE COMMITTEE IS REBORN

Molly McCune has been named to head the reinstated House Committee. Molly, brings a wealth of experience to the post. She recently retired as the Senior Project Manager in the Department of Design and Construction at ODU. Molly has been busy with the Historic Rehabilitation Project at Christ and St. Luke's, just completing Phase 1.

Molly and the House Committee members will assist in giving a fresh look to the clubhouse interior.

## WE NEED TO HEAR YOUR VOICE

The next quarterly member town hall meeting is **Thursday, April 11th at 6:30 p.m.** Attendees will receive an update on the Facilities Enhancement Plan and learn what's coming up next. Plan to attend and share your thoughts. The meeting will be held in the main clubhouse.

With the Facilities Enhancement Plan in full swing, now is also the time for members to talk up the club to friends and introduce them to Membership Director Betsy Glover for a tour and membership information.

## NYCC 2020 / FEP PROCESS



### COMPLETED PROJECTS

- ▶ Install all new equipment in Fitness Center 2nd floor
- ▶ Redecorate 2nd floor of the Fitness Center
- ▶ Indoor pool renovation and conversion to salt water
- ▶ Hot tub renovation and conversion to salt water



### IN THE WORKS

- ▶ Send out Request for Proposals (RFP) to contractors for the main clubhouse updates.
- ▶ Complete renovation of outdoor pool bathrooms to include construction of family changing rooms
- ▶ Refurbish pool deck chairs and new umbrellas
- ▶ Renovations to the Poolside Café
- ▶ Complete renovations to the racquet sports complex



### NEXT STEPS

- ▶ Clubhouse renovation scope, budget and forecast
- ▶ Conduct regular member meetings and gather input
- ▶ Select architect and club design firms
- ▶ Programming
- ▶ Design
- ▶ Construction

[Visit NorfolkYacht.com/FEP](http://NorfolkYacht.com/FEP) for more information

## A BREATH OF FRESH AIR

CHKD ENT (Ears, Nose and Throat) surgeon Tom Gallagher recently returned from a humanitarian mission to El Salvador to help youngsters with breathing problems. As part of "Operation Airway," Gallagher and project head Dr. Chris Hartnick from Massachusetts Eye and Ear Infirmary performed more than 40 procedures during their one-week visit. They removed tracheotomy tubes from some children and did re-constructive airway surgery on others.

"It's a great feeling when you can help others, said Dr. Gallagher. "We are blessed to be born in this country. It's like we won the birth lottery. So we should share our knowledge."

Giving children the gift of unimpaired breathing so they can have normal lives was only one part of Operation Airway's mission. It also teaches local ENT doctors and health professionals how to perform the surgeries and prevent breathing problems from arising. "We want to make the people independent and self-sustaining," said Gallagher, who made his second trip to El Salvador.

He and Dr. Hartnick were accompanied by an anesthesiologist and two ICU doctors, nurses from Massachusetts General Hospital and several volunteers and donors. They came carrying rolls of toilet paper, a luxury in the country, and lots of toys for the kids.

Gallagher, who was a Navy physician for 17 years before working at CHKD, and his wife, Bug, have been club members since 2005. They have two daughters, Reilly, 14, and Peyton, 11. Gallagher is looking forward to being a part of Operation Airway for many years. "There's a lot of work to be done."

To learn more about Operation Airway, go to [www.peikinfoundation.com](http://www.peikinfoundation.com).



Operation Airways Surgeons (left to right)  
Dr. Gallagher, Dr. Hartnick, Dr. Ramos, Dr. Bonilla

## THE LADIES OF THE KITCHEN

They may not know you by face, but they know who doesn't like mayo, who has a food allergy or who likes extra dressing. There's Paula ("The Chicken Salad Lady") Green, Mary ("Cold Side") Sonesen and Lynn ("The Floater") Carlos. This year they'll have worked at the club a combined 90 years.

Mary was here first, two years before The Deck was even built. "I worked in The Patio when I first came" said Mary who will celebrate her 32nd year at NYCC in August and makes the salads and dressings for the lunch crowd.

Lynn, who comes from a long line of family that worked at the club, fills in where needed, making desserts one day and cold plates next. She will make it an even 30 this year.

Paula, known as "The Chicken Salad Lady" even outside the club, was recruited by neighbor Sonesen 28 years ago. "Once you start working here, you're stuck. You're not leaving," she said.

She almost didn't make it past her first day. "It was the Ladies Card Group day and I filled 117 orders for chicken salad and thought 'I'm never coming back.'" During the summer months she makes over 1,000 pounds of her specialty.

They work the 7-3 shift. They start the day with a cup of coffee and a hug for each other and then get to work feeding you.

What's kept them here so long? They all point to Head Chef Marty Riddle, "a great guy work for," said Lynn and appreciative members.



L-R: Paula Green, Mary Sonesen, Lynn Carlos

None have plans to retire any time soon, so it looks like we're going to have them around for at least a collective century.

"We're appreciative of the paycheck, but speaking for all of us, we're here for the club," said Paula.

## MEET THE NEW GOVERNORS



David Chase

David Chase and Tim Lockhart have been added to the Board for 3-year terms.

Chase is a partner in a CPA firm. He brings a strong financial background to the board, and also a commitment to serving. Chase serves on the sailing committee and the finance committee, and he is very involved with multiple youth sailing programs. Chase believes that to be an effective board member you have to be willing to challenge the status quo and put in the necessary effort the position demands.

"I was very honored to be nominated for the board, though my first image was from the opening scene of 'Saving Private Ryan.' These are exciting times for the club, but also a great

responsibility to understand and appreciate the various priorities of our members as the FEP is implemented. I look forward to working with the board as they continue improving the club for all to enjoy."

In the community, Chase is Treasurer of the board of the Foodbank of Southeastern Hampton Roads, and president of the Meadowbrook Civic League. When David is not wearing a bow tie, he is most comfortable pursuing adventure deep in the backcountry, whether he is skiing, backpacking or climbing. He and his wife, Patricia, have been married for 19 years and they have two sons, Robert, 15, and Michael, 13. They have been club members for 10 years.

You might recognize our other new Governor, Tim Lockhart from last month's newsletter, where he was featured for writing his second novel, "Pirates". Tim is an attorney

specializing in copy rights and trademarks and he has also been very involved with the club over the years. In addition to being a member of the Board, he is also on the governance committee and a founder of the Page Turners, NYCC's book club.

He brings a career in the Naval Intelligence to his new post. His wife Anne is a captain in the Navy. They have been club members for 15 years and have a daughter, Margaret, a senior at Norfolk Collegiate.

"There's a lot going on at the club. I see our main focus as implementing the FEP (Facilities Enhancement Plan) and recruiting new members. A big part of our job is listening to what our members want. It is their club."



Tim Lockhart

# YACHTING & JUNIOR SAILING

## WELCOME TO OUR NEW HEAD COACH

We are proud to announce the hiring of Jocelyn Rovniak as NYCC's full-time Head Coach for Yachting and Junior Sailing. Jocelyn is a recent graduate of the Darden College of Education at ODU, majoring in Physical Education and Human Movement. She is an alumni of the ODU Varsity Sailing team and was a Team Captain. She has been actively teaching water sports, was Premier Sailing's Head Instructor in 2017 and NYCC's Head Instructor in 2018. In addition to completing her US Sailing Level 1 certification and lifeguard certification, she will be acquiring her US Powerboat Instructor certification in May and is pursuing a Master's Degree in Coaching Education.

We are excited to have Jocelyn on board helping to expand the Yachting and Junior Sailing programs offered at NYCC!



Jocelyn Rovniak

## NEW FLEET OF FJs

We have just acquired 18 new FJs for our sailing program! The boats were purchased by the Coastal Virginia Youth Sailing Foundation, which supports youth sailing and provides tools for growth and interest in sailing.

NYCC and the Foundation have a long standing, mutually beneficial relationship. The Foundation owns and maintains the FJs which are used during the fall and spring high school sailing seasons. The agreement allows the Foundation to store the FJs on the NYCC docks, and the NYCC has use of the FJs year-round, including junior and adult sailing programs, typically during warmer weather.

Club member and Norfolk Collegiate Sailing Coach Randy Stokes spearheaded a volunteer effort of young sailors, yachting club members and high school sailing families to prepare the docks for the new fleet.



## ADULT WATERFRONT ACTIVITIES

NYCC has launched new Adult Waterfront Activities for the Spring and Summer! We will be hosting US Sailing Keelboat classes, US Powerboating classes, First Sail opportunities, Sail Abouts and Paddle board and Kayak Excursions.

Our US Sailing Keelboat and US Powerboating classes get you US Sailing/Powerboating certified, so if you plan on taking other trips or chartering boats, you will have the basic certification. Classes will run at least once a month from May to September.

Our First Sail opportunity is a free class that introduces NYCC members to the

waterfront. Our certified staff will take you out for a 2-hour sail on our club-owned Flying Scots, you can take the helm or just sit back and see where the wind takes you.

Sail About is a two-hour relaxing sail on the Lafayette and Elizabeth River with one of our staff members. Sit back and enjoy your sail with a bottle of wine.

Once a month, we will host a paddle board and kayak excursion to a fun location. If you want to learn more about these exciting activities, check out the NYCC website or email Arielle Darrow at waterfrontdirector@norfolkyacht.com.

## OPTI CLINIC

We've got another exciting clinic planned for our RWB Opti Racers. We're bringing back nationally ranked coach Richard Feeny from **March 30th-31st**. The cost is \$200 per sailor. This is a great way to increase your sailors' skills on and off the water. To sign up, please email the Waterfront Director at waterfrontdirector@norfolkyacht.com.

## JUNIOR SAILING CAMP

Attention all parents and grandparents! NYCC's Junior Summer camp registration is Online! All our dates, classes, prices, etc. can all be found on the NYCC website. We have new classes like Adventure Sail and Sails & Rackets. We are even relaunching a new and improved JI program for sailors ages 15-18. Interested in joining HRRT (Hampton Roads Race Team)? Check out NYCC's Race Team and Regatta webpage to learn about our new and improved Opti and c420 Race Team. We have something for everyone. If you have any questions about which class is right for your sailor, please email Arielle Darrow at waterfrontdirector@norfolkyacht.com or come to the Youth Activities Fair on **March 27th**. See details on page 3.

## FROSTBITE REGATTA

Adults, looking to do some Frostbiting this winter? Hampton Yachting Club is hosting an Invitational Frostbite Regatta on **March 3rd** on their club-owned Sonars. Arrive at HYC by 12:30p.m., join in on 3 fun races in the Bay and come back to some warm, refreshing beverages.

## ANNUAL SOCK BURNING

Join your fellow members on **March 23rd** for this fun tradition to welcome Spring and the start of boating season. See page 3 for details.

## BOATING SAFETY CLASS

Virginia requires all boaters to take a Boating Safety Course and get a Boaters Card. This includes any boat with a motor over 10 horse power, Ski-Dos and jet skis. It also includes sailboats that have a motor and is mandatory for Personal Water Craft owners 20 or younger.

Class is **Saturday, March 9th** from 8:30 a.m.-4:30 p.m. Members and non-members welcome. Call NYCC at 423-4500 to sign up. Visit [www.norfolkyacht.com/events](http://www.norfolkyacht.com/events) for details.

MARCH MADNESS

## MARCH FITNESS CHALLENGE

It's time to track those miles. We want to see how many miles our members can log during the month of March. Sign up at the fitness Center. You'll receive a personalized calendar in a tracking binder. Then put your "tracking sneaker" up anywhere upstairs in the Fitness Center and start logging those miles. We'll tally your miles and give you stars for each milestone you reach. Let's see how far we can travel as a group. This is a great way to get in shape for summer!

Find Us On  
**facebook**  
 @NYCCfitness

### MARCH MEANS SPRING BREAK

It also means the Fitness Center will be hopping. Please review our Youth and Pool Hours as well as our Guest Policy. Feel free stop by the front desk or call with any questions you may have.

### GROUP EXERCISE ETIQUETTE

With Group Exercise Classes booming, this is a good time to review a few rules to keep in mind.

- Introduce yourself to the instructor if you are a newcomer.
- Don't forget to sign the attendance sheet when you enter.
- Be sure to bring water to class. Hydration is very important.
- Comfortable shoes/appropriate workout clothes are essential.
- Please try to be on time for the warm up and stay for the cool down. Both are important in preventing injury.
- If you need to leave early, let your instructor know ahead of time. This will help avoid concern.
- Be courteous and keep talking to a minimum during class instruction.

### GROUP EXERCISE "TOP TEN"

Here's our best of the best group exercisers for January:

- |                  |                    |
|------------------|--------------------|
| Sandy Bond       | Kay Keatley        |
| Kay Oliver       | Anne Brockenbrough |
| Maureen Gangwere | Elenor Harris      |
| Maria O'Hearn    | Mary Murray        |
| Ann Nusbaum      | Widget Williams    |

The top 3 each month will be entered into a drawing to be held at the end of the year. The winner will enjoy group exercise classes for FREE in Jan/Feb/Mar of 2020. Let the completion begin!

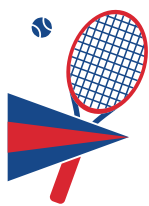
### SATURDAY SWIM CLINICS

NYCC Fitness is offering youth clinics in preparation for the upcoming swim team season! Clinics will be held at the indoor pool every Saturday through March 23rd. Each week, we focus on a different stroke.

Ages 8 and under at 1:00pm; ages 9 and up at 2:00pm. Clinics are \$10 each or \$50 for all 6 with advance registration. Call 489-5385 or sign up at the Fitness Center.

# TENNIS

## 2019 MEMBER/GUEST TOURNAMENT

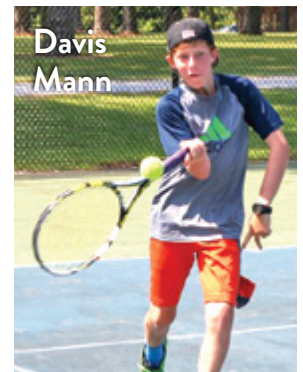


As we see the construction of the new tennis facility well underway, and you start making your summer plans, mark your calendars and plan to play in this year's

Member/Guest Tennis Tournament! Save the date for **July 19th-21st** and grab a partner to play and show off our new facility! If you can't find a partner, Jason and staff will help you find one. Stay tuned for more details and exciting new changes!

## JR. TENNIS SPOTLIGHT

Davis Mann is one of the most talented players in NYCC's junior tennis program. He is an 8th grader at the Academy for Discovery at Lakewood and a member of the Varsity tennis team. Davis is currently playing the Winter Jr. Team Tennis league at ODU and is a key player on our squad. In addition to Jr. Team Tennis, his parents John and Jenn also play with Davis on the weekends to prepare him for school tennis this spring. NYCC is very proud of his continuing improvements and we wish him the best of luck with his tennis season.



### Fun Facts about Davis:

- Favorite Food: Cookies
- Favorite Tennis Players: Andy Murray
- Hobbies: Cello, Soccer and Sailing

## JR. TENNIS SUMMER CAMP

Summer Tennis Camp at NYCC is a great place for young athletes, ages 5 to 17, to learn or improve their tennis skills, work hard, make new friends and have fun! Start planning now!

Morning camp and afternoon camp are for young, beginning players ages 5-17. Full-day camp is for developing players all the way up to those with tournament level skills (ages 9 and up).

Visit the Junior Tennis page on NYCC's website for more information.

### CAMP DATES (Monday-Friday)

- |              |                |
|--------------|----------------|
| June 10-14   | July 22-26     |
| June 17-21   | July 29-Aug. 2 |
| June 24-28   | August 5-9     |
| July 1-3, 5* | August 12-16   |
| July 8-12**  | August 19-23   |
| July 15-19   | August 26-30   |

\*No camp on July 4th

\*\*Combined Tennis & Sailing camp



Norfolk Yacht & Country Club  
7001 Hampton Blvd.  
Norfolk, VA 23505



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# MARCH 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>RESTAURANT HOURS</b> (Closed Mondays) <b>Dining Room</b> Lunch: Tues-Sun 11:30am-2:30pm Dinner: Tues-Sun 6-9pm <b>Deck</b> Sunday Breakfast/Brunch: 9am-2pm Lunch: Tues-Sat 11:30am-2:30pm Dinner: Tues-Sun 5:30-9pm <b>Grill</b> Lunch: Tues-Sat 12-2:30pm Dinner: Tues-Sat 6-9pm; Sun 12-9pm		<b>FITNESS CENTER</b> Mon-Thurs 5am-8pm Friday 5am-7pm Sat & Sun 7am-6pm <b>YOUTH HOURS</b> 7 days/week 12-5pm Mon-Thurs 7-8:00pm <b>CHILDCARE HOURS</b> Mon-Sat 8-11:30am Wed-Thurs 5-8pm	<b>NYCC HOTEL ROOMS</b> Rates: \$120 Sun-Wed   \$140 Thurs-Fri Last Minute Discount: Rooms booked less than 7 days in advance will receive 20% off. Call 757.423.4500 to book a room. <a href="http://www.NorfolkYacht.com/Rooms">www.NorfolkYacht.com/Rooms</a> <b>STARTING THIS MONTH, ALL KIDS EAT FREE AT EVERY PIZZA &amp; PASTA NIGHT!</b>		1 Happy Hour and Listening Session with the General Manager 5:30-7:30pm Fireplace Room	2 Swim Clinic Prime Rib Dinner
3 Breakfast/Brunch Buffets 9am-2pm Brunch in the Grill 11am-2pm Prime Rib Dinner	4 Main Club Closed Fitness: Small Group Training 8-9am; 6-7pm	5 Check your email for dining features. Youth Swim Clinic, 6:30-7:30pm Happy Hour in the Grill, 5-7pm	6 Pasta & Pizza Night Deck, 5:30-9pm Wine Wednesday Happy Hour in the Grill, 5-7pm Fitness: Small Group Training 8-9am; 6-7pm	7 Youth Swim Clinic, 6:30-7:30pm Happy Hour, 5-7pm	8 Fireside Friday Happy Hour, 5:30-7:30pm	9 Swim Clinic Prime Rib Dinner
10 Breakfast/Brunch Buffets 9am-2pm Brunch in the Grill 11am-2pm <b>Senior Recognition Luncheon</b> Prime Rib Dinner	11 Main Club Closed Fitness: Small Group Training 8-9am; 6-7pm	12 Check your email for dining features. Youth Swim Clinic, 6:30-7:30pm Happy Hour in the Grill, 5-7pm	13 Pasta & Pizza Night Deck, 5:30-9pm Wine Wednesday Happy Hour in the Grill, 5-7pm Fitness: Small Group Training 8-9am; 6-7pm	14 Youth Swim Clinic, 6:30-7:30pm Happy Hour, 5-7pm	15 Fireside Friday Happy Hour, 5:30-7:30pm	16 Swim Clinic Prime Rib Dinner
17 Breakfast/Brunch Buffets 9am-2pm <b>St. Patrick's Day Brunch 11am-2pm</b> Prime Rib Dinner	18 Main Club Closed Fitness: Small Group Training 8-9am; 6-7pm	19 Check your email for dining features. Youth Swim Clinic Happy Hour in the Grill, 5-7pm	20 Pasta & Pizza Night Deck, 5:30-9pm Wine Wednesday Happy Hour in the Grill, 5-7pm Fitness: Small Group Training 8-9am; 6-7pm	21 Youth Swim Clinic, 6:30-7:30pm Happy Hour in the Grill, 5-7pm	22 <b>Happy Hour &amp; Membership Mixer 5:30-7:30pm</b>	23 Swim Clinic <b>Royal Tea Party 11am-1pm</b> <b>Sock Burning 5:30pm</b> Prime Rib Dinner
24 Breakfast/Brunch Buffets 9am-2pm Prime Rib Dinner	25 Main Club Closed Fitness: Small Group Training 8-9am; 6-7pm	26 Check your email for dining features. Youth Swim Clinic, 6:30-7:30pm Happy Hour in the Grill, 5-7pm	27 Pasta & Pizza Night Deck, 5:30-9pm Wine Wednesday <b>Youth Activities Fair 6-8pm</b> Fitness: Small Group Training 8-9am; 6-7pm	28 Youth Swim Clinic, 6:30-7:30pm Happy Hour in the Grill, 5-7pm Board Meeting at 5:30pm	29 Fireside Friday Happy Hour, 5:30-7:30pm	30 Prime Rib Dinner Opti Clinic
31 Breakfast/Brunch Buffets 9am-2pm Prime Rib Dinner Opti Clinic						

Login to our website [www.norfolkyacht.com/events](http://www.norfolkyacht.com/events) or call the Club at 757.423.4500 for dining reservations, event details and registration.