

SHIP & SHORE

NORFOLK YACHT AND COUNTRY CLUB



BRUNCH WITH SANTA... AND FRIENDS!

December 21st

CLUB EVENTS

Holiday Boat Lighting
December 1st

First Friday Wine Tasting
December 6th | 6-8PM

Gingerbread House Decorating
December 8th | 3-5PM

Fireside Friday Happy Hour
December 20th | 5:30-7:30PM

Santa Slam Tennis Tournament
December 13-15th

Brunch with Santa
December 21st | 9-11AM

Jr. Tennis Winter Camp
Dec. 23-27th | Dec. 30th-Jan. 3rd

Holiday Champagne Brunch
December 29th | 11AM-2PM

New Years Eve Dinner Buffet
December 31st | 6PM-9PM

Sunday Brunch Buffet
December 1, 8, 15, 22, 29

Wednesday Pasta & Pizza Night
December 4, 11, 18

Weekend Prime Rib Night
Dec. 7, 8, 14, 15, 21, 22, 28, 29

Board of Governors

James Forrester, President
Patrick Baker, Vice President
Marianne Scott, Secretary
Richard Keatley, Treasurer
Ben Schill, Commodore
Gary Boswick, Governor, 2020
David Chase, 2022
Tim Lockhart, 2022
John Murray, Governor, 2021
Sarah Weinberg, Governor, 2021
Doug Wilson, Governor, 2020

Committee Chairs

Chip Finch, Entertainment
Gray Grandy, Food & Beverage
Doug Wilson, Health & Fitness
Mollie McCune, House
PJ Trudell, Junior Sailing
Rob Brown, Membership
Gary Boswick, Tennis
Ben Schill, Yachting

NYCC Staff

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Send story ideas and photos to Leigh
at Lknowles@norfolkyacht.com

FROM THE PRESIDENT

I was in a meeting last month with two committee chairs. They had joined their committees several years ago because their children were involved with the activity their committee oversaw. I think it was their way of ensuring that their children had the best experience the Club could provide. Their involvement improved that experience and now as their children have moved on to other activities they told me that they want to continue to lead their committees. They said that they saw great progress and continue to see great potential and wanted to be involved to keep that momentum moving forward.

I mention this because it characterizes the engagement and commitment that I see in much of the leadership provided voluntarily from our members. The chairs for Fitness, Tennis, Membership and other committees have expressed a willingness to continue for another year. This is good for the Club because we are going through a period of growth and a redefining of the identity of the Club and their continued leadership provides continuity from

year to year. Also, these are talented people who are able to use their professional and interpersonal skills to work with their respective committee members to provide direction.

Our committees have been an invaluable resource to me and the Board. We look to our committees to help us understand how things should work, how to solve problems and to define vision for the future.

I am thankful for the devotion that our committee chairs and committee members have had for the Club. This is how a successful club should run. It is creating a dynamic culture and optimism for the future and the end product will be a continually enhanced experience as you visit the Club.

As you enjoy your time at NYCC please let committee members know how much you appreciate their work. They are the foundation of our future.

I hope you have a wonderful Holiday and spend some of it enjoying your friends and family at NYCC.

Jim Forrester, President

FROM THE GENERAL MANAGER

Season's greetings from the staff at Norfolk Yacht and Country Club!

I would like to take this opportunity to thank the entire staff for their hard work throughout 2019. We have a terrific crew, and I am proud of their incessant commitment to take Norfolk Yacht to the next level. We have made great progress in improving the member experience in 2019, and we plan to build on this as we enter 2020. Enhancing service and quality through training and higher standards is the overarching strategy which has no finish line.

I am happy to report October was a very good month for NYCC as net operations were \$27k better than planned. Yachting has enjoyed strong slip occupancy and increased fuel sales throughout the year, and visiting boaters have surpassed expectations. In contrast, private banquet sales have been down a bit, however the fitness center has performed quite well. And the best news is that we have seen 105 new or reinstated memberships this year, likely due the smart restructuring of the under-40 and service classifications. So overall, financial results thus far in 2019 have been very close to budget, and our forecast for year-end is to be favorable to plan. Great news no doubt as we head into a busy season of holiday party bookings.

Speaking of the holidays, mark your calendars for all of our seasonal celebrations noted throughout this newsletter, especially our kickoff event: the traditional Holiday Lighting on Sunday, December 1st. In addition to the grand illumination of boats, this year brings an open invitation to join a land holiday parade, to include non-watercraft vehicles (like your decorated cars, motor-homes, golf carts, bicycles, wagons, etc., or just walk), and finishes with an appearance by jolly Ole St. Nick himself. This is how you can help us raise the holiday spirit meter! This family event is open to all members and features food, drinks, s'mores, fire pits, and other fun.

Have a safe and joyous holiday season, and I look forward to seeing you at the club.

Kenneth C. Underwood, CCM
General Manager

P.S. Somewhere in this newsletter is a hidden membership number. If you find your number, call the club at 423-4500 and receive a complimentary dinner for two!

CLUB EVENTS

For reservations and registration, call the club at 757.423.4500 or Email reservations@norfolkyacht.com. Visit www.norfolkyacht.com/events for event details.



Sunday, December 1st at Sunset

Join us for one of our greatest holiday traditions! The annual boat lighting at Norfolk Yacht is expanding this year to include non-watercraft vehicles and a special guest appearance from Santa Clause! Decorate your truck, golf cart, bike, or anything on wheels and head down to the club around 4:45 p.m. We'll kick off the marina illumination at 5:00 p.m. with a parade of vehicles. Spectators welcome!

Awards will be given for best lights (in power, sail, and non-watercraft), most spirited, judge's choice, and best bribe. Prizes will be \$50 gift certificates. Judging starts at 5:00 p.m. and awards will be announced at 6:00 p.m.

Stick around for a holiday party in the Skipper's Lounge and patio, featuring food, drinks, s'mores, and fire pits! All members are invited! Please RSVP to the Club.



Sunday, December 8th | 3:30-5:30 p.m.

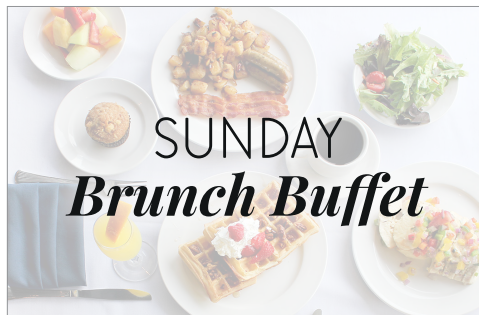
Come decorate a gingerbread house for the holidays! Gingerbread houses and decorating supplies will be provided. Enjoy complimentary hot chocolate and holiday cookies while you decorate. The cost is \$20 per gingerbread house. Registration closes at 9:00 p.m. on Dec. 2nd.



Wednesday, December 11th | 5:30-9 p.m.

Wear your ugliest holiday sweater (or anything festive) and come prepared for an Italian feast featuring custom created pasta dishes, house-made pizzas, bread sticks, dessert and more. Plus, half priced wine bottles for Wine Wednesday!

Everyone who dresses up will receive a raffle ticket for the chance to win a prize! Reservations are encouraged.



Sundays in December | 11 a.m. -2 p.m.

Sundays are for brunch! Every Sunday this month, we'll be serving our full brunch buffet in the Deck. The "Doorway Singers" will be caroling at brunch on Dec. 15th and on Dec. 29th is our 2nd annual Holiday Champagne Brunch. Mark your calendar! Reservations are encouraged.



Friday, December 20th | 5:30-7:30 p.m.

Join us for happy hour featuring drink specials, complimentary hors d'oeuvres, and a cozy fire. Childcare available.



Saturday, December 21st | 9-11 a.m.

You don't want to miss Santa's yearly visit to the Club! He'll be dropping in for photos in the Fireplace Room. The morning will feature a brunch buffet, plus crafts for the kids. The Big Guy's appearance is always a sellout affair! Reservations are required and seating will be assigned. Space is limited.



Sunday, December 29th | 11 a.m. -2 p.m.

Join us for our 2nd annual holiday brunch buffet with bottomless champagne! Reservations recommended.



Tuesday, December 31st | 6-9:00 p.m.

Celebrate the end of 2019 with dinner at the Club! Buffets will be in the Deck and a formal seated dinner in the Main Dining Room. Visit the Club's website for details. Reservations recommended.



CHRISTMAS DINNER TO GO

From our kitchen to your table!

PLACING YOUR ORDER

Pick up an order form at the front desk of the Clubhouse or download it from NYCC's website (www.norfolkyacht.com/Catering). Completed forms should be returned to the front desk. Or you may order by calling (757) 423-4500.

Deadline to order is 5PM on December 19th.

PICKING UP YOUR ORDER

Pick up on Christmas Eve (Dec. 24) between 10:00 a.m. and 2:00 p.m. in the Catering Office (1st floor of Clubhouse).

CATERING MENU

Orders must be placed by 5:00PM on Dec. 19th

MAIN DISHES

ROASTED TOM TURKEY (22-24 LBS.) \$140++
With Dressing, Gravy, and Cranberry Sauce
Carved for an additional \$15++

ROAST TENDERLOIN OF BEEF \$160++
Sliced or Not Sliced
With horseradish Sauce or Mushroom Sauce
Add 2 Dozen Dinner Rolls for \$11++

BONELESS COUNTRY HAM \$15++/LB.
Cooked and Sliced

CHILLED STEAMED SHRIMP \$24++/LB.
With Cocktail Sauce on a Bed of Lettuce

SMOKED ATLANTIC SALMON \$145++
With Dill Sauce, Capers and Assorted Garniture

SOUPS

NEW ENGLAND CLAM CHOWDER \$14++/QT.

TURKEY VEGETABLE SOUP \$12++/QT.

BUTTERNUT SQUASH BISQUE \$12++/QT.

SIDE DISHES

\$11++ PER QUART

GRAVY

DRESSING

GREEN BEANS

FRIED APPLES

SWEET POTATO SOUFFLÉ

COLLARD GREENS

RICE PILAF

SUCCOTASH

MASHED POTATOES

DESSERTS

\$18++ EACH

PECAN PIE

APPLE PIE

SWEET POTATO PIE

ORCHARD FRUIT PIE

PUMPKIN PIE

PAGE TURNERS STILL TURNING

Page Turners, NYCC's Book Club, is alive and reading. The group is now in its 10th year. There had been several previous attempts to start a book club without success.

Encouraged by former GM Jim Grady, an avid reader himself, The Page Turners held their first meeting Aug. 20, 2010 to discuss the "Great Game" by Peter Hopkirk. Since then, the group has read 35-45 books, according to Tim Lockhart, one of its founders.

The club has tackled a variety of subjects. It sticks mainly to contemporary non-fiction and fiction, but has ventured into the classics. Their only rule, said Lockhart, is "there are no rules" except to stay away from "beach reading."

The Page Turners have grown from its original 7 or 8 members. It meets 4-5 times a year at the club for discussion. Currently the Page Turners are turning the pages of Laurence Bergreen's "Marco Polo: From Venice to Xanadu."

If you'd like to find out more about the Page Turners, contact group coordinator Stephen Brewer at sbrewer@wilsac.com.

HISTORY CORNER

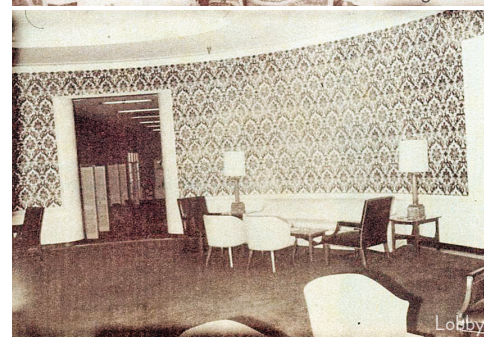
The Club was established at its current location along the Lafayette River in 1908. Since then, the clubhouse and recreational facilities have undergone many series of major renovations.

One of the first expansions to the clubhouse took place in the late 1940s. The Ballroom was a grand addition, where many entertainers such as Count Basie, Glenn Miller, Larry Elgart and many others had performed. Construction of the Lobby, Main Hall, and Dining Room were also completed in the late 1940s. These areas of the clubhouse were demolished during a major renovation in the 1970s. The clubhouse has remained mostly the same since then, with the exception of cosmetic updates and minor changes. The original squash courts and workout room, originally located in the clubhouse, were converted to storage and office space when the Club opens its Fitness Center in 2001.

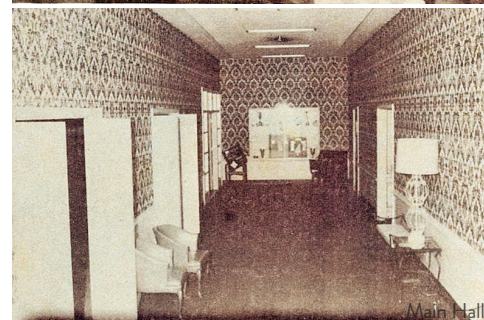
Like the updates and improvements the Club is undergoing today, the past renovations added to existing members' enjoyment and attracted many new members.



Dining Room



Lobby



Main Hall

DOUBLE SERVING OF SQUASH

The Squash League playoffs conclude Dec. 15th and will feature part of its new format this year: "Doubles." Typically played on a larger court, it is a fast-paced addition to the league.

The league had a completely new format this season. Instead of teams of 5-6 members, the league was divided into 13 teams of 2 members, an "A" player and a "B." A's played A's and B's played B's. There was also 2 Doubles Days where teams competed as pairs.

Members are invited to check out doubles squash and the rest of the action on Sunday, December 15th at the league finals and attend a Happy Hour Squash Social afterward. Meet league players and our squash pro Noel Flemmer, learn about how leagues/tournaments are formed and how we manage lessons for adults and kids. Happy Hour will be held from 3-6PM in the Grill. Drink specials and hors d'oeuvres will be served. For more information, contact Noel flemmer at ncflemmer@gmail.com.



Eat, Drink, and Be Merry!

NYCC Drink Tokens and Gift Certificates make great holiday gifts for NYCC members. Purchase them at the front desk of the main club. Drink tokens are valued at \$7 each and are good for one house cocktail, wine, or beer. Gift certificates may be purchased for the amount of your choice. Happy holidays!

Clubhouse Closure in January

The clubhouse and NYCC restaurants will be closed January 1st-6th for annual cleaning and major plumbing repairs.

Restaurants will re-open as normal on Tuesday, January 7th. The upstairs lobby could be out of service longer depending upon the progress of the plumbing work. The hotel rooms will be open throughout this time. We apologize for this inconvenience.



Watch the Army Navy game at NYCC! Televised coverage and food and drink specials begin at 2:00 p.m. in the Grill.

TIE THE KNOT AT NORFOLK YACHT



Erika Mills Photography



Holly Walsh Photography

Norfolk Yacht and Country Club is available as an exclusive all-in-one wedding venue with space for everything from a memorable ceremony on the water to a grand reception in the ballroom and all the events leading up to the big day.

Creative menus, artful presentation, and a professional staff help make your special day truly exceptional. NYCC has a full catering menu of delicious culinary offerings and full service bars for toasting the special occasion. The staff at Norfolk Yacht and Country Club take pride in providing exceptional service before, during, and after your event.

To inquire about the availability of your preferred wedding date and to schedule a site visit, please contact Michele Hessel

(757) 423-4500 Ext. 135
mhessel@norfolkyacht.com



Sarah Street Photography



Sarah Street Photography

DOME SWEET DOME

Every day is a perfect day for some tennis at the Club this winter. A couple of inches of rain, a foot of snow, no problem. High winds, no worries.

In case you haven't noticed, we now have indoor tennis. The big Dome, covering four clay (of our nine) courts, was open for play in mid-November. It will remain up during the winter months and taken down and stored during the spring and summer.

Members can sign up to play by the hour or purchase seasonal court time.

"Bringing indoor tennis to the club has been a goal of the Tennis Committee for years," said chairman Gary Boswick. "We're so excited for what it's going to bring to the whole club."

Boswick sees the Dome not only keeping existing members playing at the club year-

round instead of seeking out another venue, but also increasing membership and growing our youth programs. He also envisions the Club holding other events and socials under the Dome.

Indoor tennis is the latest addition to our Racquet Sports Complex which also includes pickleball and platform tennis courts, making the club perhaps the most complete racquet facility in Hampton Roads.

Looming over the Club, the huge Dome went up in one day, leaving drivers on Hampton Boulevard wondering "What is that thing?"

It was no easy feat. The Dome, manufactured by Arizon Building Systems, is state-of-the-art. The white fabric arrived on site rolled up in three pieces, each weighing 7,400 pounds. That's almost 11 tons!! It took 13 workers to unroll the sections and stretch

them across the courts.

High tensile strength steel cables on top of the structure, can hold down the Dome (sometimes referred to as a "bubble") in winds of 120 mph. A dual fan system that runs 24/7 inflates the Dome. When heat is needed, the fan system blows air over coils providing uniform heat over all 4 courts.

The Dome even has a wind sensor and snow sensor to increase pressure and heat in the facility and create a more rigid structure during severe weather conditions.

Everything has been thought of. LED lighting and lower interior fabric blue in color will help players zero in on the ball.

Sounds like players who enter the doors to the big white Dome might not come out til spring.

Thank you to Tennis Committee member Ed Estes for contributing to this article.



JR. TENNIS WINTER CAMP

Week #1: Dec. 23rd - 27th

Week #2: Dec. 30th - Jan. 3rd

(no camp on Christmas Day or New Years Day)

Time: 9 AM-12PM

Ages: 4-18 (All levels)

Cost: \$160 for the whole week (4-days)

Drop-in rate: \$45/day

Sign Up: Call the Tennis Shop (757) 423-6737

SANTA SLAM

INDOOR TENNIS TOURNAMENT

DECEMBER 13-15, 2019

DETAILS

- 4 draws - 2 mens and 2 womens
- A & B brackets
- 8 teams per draw
- Cost: \$60 per team
- Open tournament (guests welcome)
- Each team must have at least one NYCC member

REGISTRATION

Call the Tennis Shop or register Online at www.norfolkyacht.com



INDOOR TENNIS CLINIC SCHEDULE

Call the Tennis Shop to sign up. Rising Stars: 4-8 years old | Shot Makers: 9-13 years old | Jr. Play Program: 9 & Up | Cardio Tennis: 18 & Up

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cardio Tennis 9:00 - 10:00 AM	Rising Stars 4:30 - 5:30 PM	Cardio Tennis 9:00 - 10:00 AM	Rising Stars 4:30 - 5:30 PM	Cardio Tennis 9:00 - 10:00 AM	Cardio Tennis 10:00 - 11:00 AM	Jr. Play Program 1:00 - 3:00 PM
Shot Makers 5:00 - 6:30 PM		Shot Makers 5:00 - 6:30 PM			Rising Stars 10:30 - 12:00 PM	
		Cardio Tennis 6:30 - 7:30 PM			Shot Makers 12:00 - 1:00 PM	



FOAM ROLLER WORKSHOP

Sunday, December 8 | 1:30-3:00 pm

Improve flexibility, stretch your body, and ease tight muscles with the foam roller workshop instructed by Sonja. Sign up at the Fitness Center front desk or call (757) 489-5385. Cost is \$8 per person. Minimum of 6 participants needed to hold this workshop.

STAY FIT AND GOING STRONG IN 2020

We have several holiday packages to help you finish 2019 strong and keep you motivated and headed in the right direction in the new year. This holiday sale runs from Dec. 1st through Jan. 31st; one holiday gift per person.

New Clients: Receive a FREE 60-minute consultation with a trainer and one FREE session with the purchase of any personal training package.

Returning Clients: Buy a package of 16 personal training sessions and get one FREE session; or buy a package of 24 sessions and get 2 FREE!

HOLIDAY HOURS



Tuesday, Dec. 24th: 5 a.m.-12 p.m.
 Wednesday, Dec. 25th: Closed Christmas
 Tuesday, Dec. 31st: 5 a.m.-4 p.m.
 Wednesday, Jan. 1: 7 a.m.-4 p.m.
 No Group Exercise classes these days.

YOUTH HOURS

Kids home for the holidays? Consult the facility for Youth/Family Hours before checking in. Youth Hours are for ages 12-15 every day 12-5p.m. and Mon-Thurs. 7-8 p.m. for young members who want to workout or swim.



What better gift than the gift of health. Purchase a holiday gift certificate for use on a personal training program. Show a loved one you care about their health.

AN EXTRA "HELPING" OF EXERCISE

Don't skip the extra helpings of exercise we are offering during December. We will have something extra every day this month. Check our Interactive Exercise Calendar on the bulletin board and add a new routine to your workout with the help of suggestions from our Personal Training Staff.



Help make the holidays bright for local children. Our goal is to fill 5 boxes with toys! Place new, unwrapped items in the Toys for Tots box in the Fitness Center lobby.

Pick up a raffle ticket with each donation for a chance to win a 1-hour massage!



Small Group Training

YACHTING, JR SAILING, WATERFRONT

Great Work Sailors!

CBYRA had over 400 Opti sailors participate in regattas through the region this season. Congratulations to NYCC junior sailors Rebecca Schill and Audrey Permenter who placed 3rd and 5th in Red Fleet and 4th and 7th overall in the high point series as well as to Amelon Rule from Hampton Yacht Club sailing who placed 4th in the Blue Fleet.



UPCOMING COURSES

John and Lin McCarthy, Southern Bay Racing's "Dynamic Duo," will be at the club February 1st for a one-day Race Management seminar.

VA Boating Safety Class will be held at the Club on February 8th for those who want to learn more about the fundamentals of safe and responsible boating. Successful course completion, including a written exam, results in the VA Safe Boater card.

For more details and registration, please visit www.norfolkyacht.com/yachting.



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DECEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Breakfast 9am-2pm Sunday Brunch Buffet 11am-2pm Prime Rib Dinner NFL Sunday in the Grill Holiday Lighting 🎄	2 Clubhouse Closed CardioTennis 9am Fitness: Small Group Training 8-9am; 6-7pm	3 Check your email for dining features. Youth Swim Clinic 6:30pm	4 CardioTennis 9am, 6:30pm Pasta & Pizza Night Wine Wednesday Fitness: Small Group Training 8-9am; 6-7pm	5 Youth Swim Clinic 6:30pm	6 CardioTennis 9am First Friday Wine Tasting, 6-8pm	7 CardioTennis 10am Prime Rib Dinner Jr. Sea Dragons Swim Clinic 1pm & 2pm
8 Breakfast 9am-2pm Sunday Brunch Buffet 11am-2pm Jr. Play Tennis, 1-3pm Foam Roller Workshop, 1:30-3pm Gingerbread House Decorating, 3:30-5:30pm, Ballroom	9 Clubhouse Closed CardioTennis 9am Fitness: Small Group Training 8-9am; 6-7pm	10 Check your email for dining features. Youth Swim Clinic 6:30pm	11 CardioTennis 9am, 6:30pm Tacky Holiday Sweater Pasta & Pizza Night Wine Wednesday Fitness: Small Group Training 8-9am; 6-7pm	12 Youth Swim Clinic 6:30pm	13 CardioTennis 9am Santa Slam Indoor Tennis Tournament	14 CardioTennis 10am Jr. Sea Dragons Swim Clinic 1pm & 2pm Santa Slam Prime Rib Dinner Army Navy Game in the Grill
15 Breakfast 9am-2pm Sunday Brunch Buffet 11am-2pm - Carolers Santa Slam Squash Social 3-6pm, Grill Prime Rib Dinner	16 Clubhouse Closed CardioTennis 9am Fitness: Small Group Training 8-9am; 6-7pm	17 Check your email for dining features. Youth Swim Clinic 6:30pm	18 CardioTennis 9am, 6:30pm Pasta & Pizza Night Wine Wednesday Fitness: Small Group Training 8-9am; 6-7pm	19 Youth Swim Clinic 6:30pm Board Meeting, 6pm Last day to place an order for Christmas dinner catering	20 CardioTennis 9am Fireside Friday Happy Hour 5:30-7:30pm	21 Brunch with Santa 9-11am CardioTennis 10am Jr. Sea Dragons Swim Clinic 1pm & 2pm Prime Rib Dinner
22 Breakfast 9am-2pm Prime Rib Dinner NFL Sunday in the Grill	23 Clubhouse Closed CardioTennis 9am Fitness: Small Group Training 8-9am; 6-7pm Week 1 of Jr. Tennis Winter Camp	24 Check your email for dining features. Club Restaurants open for lunch 11:30-2pm; no dinner service Fitness Center open from 5am to 12pm	25  Club Closed Today	26 Youth Swim Clinic 6:30pm	27 CardioTennis 9am Seafood Buffet 5:30-9pm	28 CardioTennis 10am Jr. Sea Dragons Swim Clinic 1pm & 2pm Prime Rib Dinner
29 Breakfast 9-11am Holiday Champagne Brunch Buffet 11am-2pm Junior Play Tennis Program, 1-3pm	30 Clubhouse Closed CardioTennis 9am Fitness: Small Group Training 8-9am; 6-7pm Week 2 of Jr. Tennis Winter Camp	31 Check your email for dining features. Youth Swim Clinic 6:30pm New Years Eve Dinner Buffet 6-9pm	CLUBHOUSE CLOSURE IN JANUARY The clubhouse and NYCC restaurants will be closed January 1st-6th for annual cleaning and major plumbing repairs. Details on page 5.		RESTAURANT HOURS (Closed Mondays) Dining Room Lunch: Tues-Sun 11:30am-2:30pm Dinner: Tues-Sun 6-9pm Deck Sunday Breakfast/Brunch: 9am-2pm Lunch: Tues-Sat 11:30am-2:30pm Dinner: Tues-Sun 5:30-9pm Grill Lunch: Tues-Sat 12-2:30pm Dinner: Tues-Sat 6-9pm	
				FITNESS CENTER Mon-Thurs 5am-8pm Friday 5am-7pm Sat & Sun 7am-6pm YOUTH HOURS 7 days/week 12-5pm Mon-Thurs 7-8pm CHILDCARE HOURS Mon-Sat 8am-12pm Tues-Thurs 5-8pm Sunday 12-4pm		